



FOR EVERYONE 2019



VivaRhythm®

COMMUNITY







## CONTENT

<b>ABOUT</b>	<b>04/05</b>
<b>INSTRUMENTS</b>	<b>06-41</b>
Djembes	06-11
Congas	12-15
Bass Drums	16-19
Stack Drum Sets	20/21
Timbas	22/23
Cajons	24-31
Hand Percussion	32-35
Bags	36-41
<b>FACILITATORS</b>	<b>44-75</b>
John Boone, New Zealand	46/47
Ben Bowtell, Australia	48/49
Ken Crampton, USA	50/51
Brandon Draper, USA	52/53
Dave Holland, USA	54/55
Jeff Holland, USA	56/57
Knuth Jerxen, Germany	58/59
K. Solomon Masala, USA	60/61
Alessandra Massari, Italy	62/63
Ricarda Raabe, Germany	64/65
Bill Saragosa, Germany	66/67
Tokhi, Czech Republic	68/69
Heiko Tuch, Germany	70/71
Varun Venkit, India	72/73
Jens Zygar, Germany	74/75



**RHYTHM**



**DYNAMICS**

**TEAM SPIRIT**

**MOTIVATION**



# Drum Circles

Sometimes a Drum Circle is a big party, sometimes it's more like a ceremony, and other times it's orientated to a specific goal or message. The Drum Circle is a very adaptable technology to meet a broad spectrum of social purpose. For many people it is an initiation into a new level of self and group awareness. It definitely gets us moving!

No matter who we are, the call of the drum has the potential to elevate our human experience. and people's lives become better because of that. Facilitating Rhythm Circles is an honor, a privilege, and also a responsibility. It is a fascinating and rewarding commitment.

**Rhythm is a way of Life.**

*Bill Saragosa*



**TOGETHERNESS**



**ENERGY**

**CREATIVITY**



**EXCITEMENT**

# DJEMBES

## COMMUNITY DJEMBES

Create traditional djembe sounds and rhythms in any setting with the MEINL VivaRhythm® Community Djembes. With a 100% synthetic shell and head, these djembes are perfect for outdoor drum circles and jam sessions, as well indoor situations. The BOOM SERIES pre-tuned synthetic heads produce cutting sounds with a sharp attack, while the SOFT SOUND SERIES pre-tuned Napa heads produce softer, warmer sounds with great low end tones. Their lightweight synthetic shells deliver a rich, resonant sound that projects in any setting.

### SIZES

**VR-SDJ8:** 8" head diameter, 16 1/4" height

**VR-SDJ9:** 9" head diameter, 16 1/2" height

**VR-SDJ10:** 10" head diameter, 19 1/2" height

**VR-SDJ12:** 12" head diameter, 23" height

**VR-SDJ14:** 14" head diameter, 26 1/4" height

### MATERIALS

Synthetic shell

**SH:** Synthetic head

**NH:** Napa head

### FEATURES

Synthetic shell is perfect for outdoor playing

Non-slip rubber bottom

**SH:** Pre-tuned synthetic head for cutting sounds with sharp attack

**NH:** Pre-tuned Napa head creates softer, warmer sound

## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



8" x 16 1/4"  
**VR-SDJ8-SH**

9" x 16 1/2"  
**VR-SDJ9-SH**

10" x 19 1/2"  
**VR-SDJ10-SH**

12" x 23"  
**VR-SDJ12-SH**

14" x 26 1/4"  
**VR-SDJ14-SH**



8" x 16 1/4"  
**VR-SDJ8-NH**

9" x 16 1/2"  
**VR-SDJ9-NH**

10" x 19 1/2"  
**VR-SDJ10-NH**

12" x 23"  
**VR-SDJ12-NH**

14" x 26 1/4"  
**VR-SDJ14-NH**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES

BOOM & SOFT SOUND SERIES COMMUNITY DJEMBES

## POP OFF DJEMBES

Create traditional djembe sounds and rhythms in any setting with the MEINL VivaRhythm® synthetic Pop Off Djembes. With a 100% synthetic shell and removable head, these djembes are perfect for outdoor drum circles and jam sessions, as well as indoor situations. The BOOM SERIES pre-tuned synthetic heads produce cutting sounds with a sharp attack, while the SOFT SOUND SERIES pre-tuned Napa heads deliver softer, warmer sounds with great low end tones. The Pop Off Djembes feature removable heads, making it easy to replace the head or switch between the BOOM SERIES synthetic and SOFT SOUND SERIES Napa heads (extra heads sold separately). These djembes have a lightweight, synthetic shell that delivers a rich, resonant sound in any setting.

**SIZES**

- VR-SDJP08:** 8" head diameter, 16 1/4" height
- VR-SDJP09:** 9" head diameter, 16 1/2" height
- VR-SDJP010:** 10" head diameter, 19 1/2" height
- VR-SDJP012:** 12" head diameter, 23" height
- VR-SDJP014:** 14" head diameter, 26 1/4" height

**MATERIALS** Synthetic shell

- SH:** Synthetic head
- NH:** Napa head

**FEATURES** Synthetic shell is perfect for outdoor playing

- Non-slip rubber bottom
- SH:** Removable, pre-tuned synthetic head for cutting sounds with sharp attack
- NH:** Removable, pre-tuned Napa head creates softer, warmer sound

## POP OFF HEADS

**SIZES**

- VR-POH8:** 8" head diameter
- VR-POH9:** 9" head diameter
- VR-POH10:** 10" head diameter
- VR-POH12:** 12" head diameter
- VR-POH14:** 14" head diameter

**MATERIALS** **SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Available as Napa style (soft sound) or standard synthetic (sharp sounds)

- Instantly take on or off your MEINL VivaRhythm® Pop Off Djembe
- May be played by themselves as a small hand drum
- Nylon-loop for easy removal
- Pre-tuned

**MAY BE PLAYED BY  
THEMSELVES AS A  
SMALL HAND DRUM**



14"

**VR-POH14-SH**

10"

**VR-POH10-NH**



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



8" x 16 1/4"

**VR-SDJP08-SH**

9" x 16 1/2"

**VR-SDJP09-SH**

10" x 19 1/2"

**VR-SDJP10-SH**

12" x 23"

**VR-SDJP12-SH**

14" x 26 1/4"

**VR-SDJP14-SH**



8" x 16 1/4"

**VR-SDJP08-NH**



9" x 16 1/2"

**VR-SDJP09-NH**



10" x 19 1/2"

**VR-SDJP10-NH**



12" x 23"

**VR-SDJP12-NH**



14" x 26 1/4"

**VR-SDJP14-NH**

CAN BE TAKEN OFF  
THE DRUM INSTANTLY  
WITHOUT ANY TUNING



## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES

BOOM & SOFT SOUND SERIES POP OFF DJEMBES

## 3-IN-1 DJEMBES

The MEINL VivaRhythm® 3-In-1 Djembes feature three different sized djembes (8"-12") in a set for high and low notes. The 10" and 12" drums are outfitted with MEINL VivaRhythm® Pop Off Djembe Heads that allow you to change between the cutting sounds of a BOOM SERIES pre-tuned synthetic head or a SOFT SOUND SERIES pre-tuned Napa head (extra heads sold separately). Take the heads off and stack the drums inside each other for easy storage or traveling. Place the heads back on when it's time to play without any tuning required. The Pop Off Djembe Heads also make great hand drums that can be played without putting them on a drum. The smaller 8" drum has a fixed pre-tuned head that produces high pitched sounds with plenty of attack.

**SIZES** 8" head diameter, 16 1/4" height  
10" head diameter, 19 1/2" height  
12" head diameter, 23" height

**MATERIALS** Synthetic shells  
**SH:** Synthetic heads  
**NH:** Napa heads

**FEATURES** Synthetic shell is perfect for outdoor playing  
Non-slip rubber bottom  
Stackable for easy storage and transportation  
**SH:** Pre-tuned synthetic head for cutting sounds with sharp attack  
**NH:** Pre-tuned Napa head creates softer, warmer sound



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



8" x 16 1/4"; 10" x 19 1/2"; 12" x 23"

**VR-SDJSET-SH**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



STACKABLE FOR  
EASY STORAGE AND  
TRANSPORTATION

8" x 16 1/4"; 10" x 19 1/2"; 12" x 23"

**VR-SDJSET-NH**



THE POP OFF DJEMBE  
HEADS MAY BE ALSO  
PLAYED BY THEMSELVES  
AS A SMALL HAND DRUM

BOOM & SOFT SOUND SERIES 3-IN-1 DJEMBES

# CONGAS

## COMMUNITY CONGAS

Perfect for both indoor and outdoor use, the MEINL VivaRhythm® BOOM SERIES Community Congas produce cutting tones and a sharp attack with their pre-tuned synthetic heads, while the MEINL VivaRhythm® SOFT SOUND SERIES Community Congas respond with naturally warm tones from their pre-tuned Napa heads. Their lightweight synthetic shells are shaped to produce a rich, resonant beat that projects in any setting. Provide the heartbeat for jam sessions or join in with drum circles anywhere. The 3-piece set with different sized drums allows you to create rhythmic melodies from the high and low notes they produce. Stackable for easy storage and transportation.

**SIZES**

- VR-C8:** 8" head diameter, 21" height
- VR-C95:** 9 1/2" head diameter, 23" height
- VR-C115:** 11 1/2" head diameter, 24 1/2" height
- VR-CSET:** 8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

**MATERIALS** Synthetic shell

- SH:** Synthetic head
- NH:** Napa head

**FEATURES** Synthetic shell is perfect for outdoor playing  
Non-slip rubber bottom  
Great for any skill level or style  
Stackable for easy storage and transportation

- SH:** Pre-tuned synthetic head for cutting sounds with sharp attack
- NH:** Pre-tuned Napa head creates softer, warmer sound

**INCLUDES** **VR-CSET:** Three wooden beaters



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



8" x 21"

**VR-C8-SH**



9 1/2" x 23"

**VR-C95-SH**



11 1/2" x 24 1/2"

**VR-C115-SH**



8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

**VR-CSET-SH**



**STACKABLE FOR  
EASY STORAGE AND  
TRANSPORTATION**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



8" x 21"

**VR-C8-NH**



9 1/2" x 23"

**VR-C95-NH**



11 1/2" x 24 1/2"

**VR-C115-NH**



8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

**VR-CSET-NH**

**SETS INCLUDE THREE  
WOODEN BEATERS**



BOOM & SOFT SOUND SERIES COMMUNITY CONGAS

## POP OFF CONGAS

Perfect for both indoor and outdoor use, the MEINL VivaRhythm® BOOM SERIES Pop Off Congas produce cutting tones and a sharp attack with their pre-tuned, removable synthetic heads, while the MEINL VivaRhythm® SOFT SOUND SERIES Pop Off Congas respond with naturally warm tones from their pre-tuned, removable Napa heads. Their lightweight synthetic shells are shaped to produce a rich, resonant beat that projects in any setting. The Pop Off Congas feature removable heads, making it easy to replace the head or switch between the BOOM SERIES synthetic and SOFT SOUND SERIES Napa heads (extra heads sold separately). Provide the heartbeat for jam sessions or join in with drum circles anywhere. The 3-piece set with different sized drums allows you to create rhythmic melodies from the high and low notes they produce. Stackable for easy storage and transportation.

**SIZES** **VR-CPO8:** 8" head diameter, 21" height  
**VR-CPO95:** 9 1/2" head diameter, 23" height  
**VR-CPO115:** 11 1/2" head diameter, 24 1/2" height  
**VR-CPOSET:** 8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

**MATERIALS** Synthetic shell  
**SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Synthetic shell is perfect for outdoor playing  
Non-slip rubber bottom  
**SH:** Removable, pre-tuned synthetic head for cutting sounds with sharp attack  
**NH:** Removable, pre-tuned Napa head creates softer, warmer sound

**INCLUDES** **VR-CPOSET:** Three wooden beaters

## POP OFF HEADS

**SIZES** **VR-POH8:** 8" head diameter  
**VR-POH95:** 9 1/2" head diameter  
**VR-POH115:** 11 1/2" head diameter

**MATERIALS** **SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Available as Napa style (soft sound) or standard synthetic (sharp sounds)  
Instantly take on or off your MEINL VivaRhythm® Pop Off Conga  
May be played by themselves as a small hand drum  
Nylon-loop for easy removal  
Pre-tuned

**MAY BE PLAYED BY  
THEMSELVES AS A  
SMALL HAND DRUM**



11 1/2"

**VR-POH115-SH**

8"

**VR-POH8-NH**



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



8" x 21"

VR-CP08-SH



9 1/2" x 23"

VR-CP095-SH



11 1/2" x 24 1/2"

VR-CP0115-SH

NEW



8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

VR-CPOSET-SH

NEW



CAN BE TAKEN OFF  
THE DRUM INSTANTLY  
WITHOUT ANY TUNING



STACKABLE FOR  
EASY STORAGE AND  
TRANSPORTATION

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



8" x 21"

VR-CP08-NH



9 1/2" x 23"

VR-CP095-NH



11 1/2" x 24 1/2"

VR-CP0115-NH

NEW



8" x 21"; 9 1/2" x 23"; 11 1/2" x 24 1/2"

VR-CPOSET-NH

NEW

SETS INCLUDE THREE  
WOODEN BEATERS



BOOM & SOFT SOUND SERIES POP OFF CONGAS

# BASS DRUMS

## COMMUNITY BASS DRUMS

MEINL VivaRhythm® Community Bass Drums deliver a lower overall tone with outstanding projection. Their synthetic shells feature a rubber bottom to prevent slippage or scratching and are shaped to allow air to escape from the shell. This creates low fundamental tone that resonates fully. The BOOM SERIES pre-tuned synthetic heads give a robust attack, while the SOFT SOUND SERIES pre-tuned Napa heads have a warm, softer attack followed by a deep sustain.

**SIZES**

- VR-BD10:** 10" head diameter, 18" height
- VR-BD12:** 12" head diameter, 19 1/2" height
- VR-BD14:** 14" head diameter, 23 1/2" height
- VR-BDSET:** 10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

**MATERIALS** Synthetic shell

- SH:** Synthetic head
- NH:** Napa head

**FEATURES**

- Synthetic shell is perfect for outdoor playing
- Non-slip rubber bottom
- Lower tones with great resonance
- Reverse Dot below the head for deeper sounds
- Stackable for easy storage and transportation
- SH:** Pre-tuned synthetic head for cutting sounds with sharp attack
- NH:** Pre-tuned Napa head creates softer, warmer sound

**INCLUDES** **VR-BDSET:** Three wooden beaters

## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



10" x 18"

**VR-BD10-SH**



12" x 19 1/2"

**VR-BD12-SH**



14" x 23 1/2"

**VR-BD14-SH**



10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

**VR-BDSET-SH**



**STACKABLE FOR  
EASY STORAGE AND  
TRANSPORTATION**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



10" x 18"

**VR-BD10-NH**



12" x 19 1/2"

**VR-BD12-NH**



14" x 23 1/2"

**VR-BD14-NH**



10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

**VR-BDSET-NH**

**SETS INCLUDE THREE  
WOODEN BEATERS**



## POP OFF BASS DRUMS

MEINL VivaRhythm® Pop Off Bass Drums deliver a lower overall tone with outstanding projection. Their synthetic shells feature a rubber bottom to prevent slippage or scratching and are shaped to allow air to escape from the shell. This creates low fundamental tone that resonates fully. The BOOM SERIES pre-tuned, removable synthetic heads give a robust attack, while the SOFT SOUND SERIES pre-tuned, removable Napa heads have a warm, softer attack followed by a deep sustain. The Pop Off Bass Drums feature removable heads, making it easy to replace the head or switch between the BOOM SERIES synthetic and SOFT SOUND SERIES Napa heads (extra heads sold separately).

**SIZES** **VR-BDPO10:** 10" head diameter, 18" height  
**VR-BDPO12:** 12" head diameter, 19 1/2" height  
**VR-BDPO14:** 14" head diameter, 23 1/2" height  
**VR-BDPOSET:** 10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

**MATERIALS** Synthetic shell  
**SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Synthetic shell is perfect for outdoor playing  
Non-slip rubber bottom  
Lower tones with great resonance  
Stackable for easy storage and transportation  
Reverse Dot below the head for deeper sounds  
**SH:** Removable, pre-tuned synthetic head for cutting sounds with sharp attack  
**NH:** Removable, pre-tuned Napa head creates softer, warmer sound

**INCLUDES** **VR-BDPOSET:** Three wooden beaters

## POP OFF BASS DRUM HEADS

**SIZES** **VR-POHBD10:** 10" head diameter  
**VR-POHBD12:** 12" head diameter  
**VR-POHBD14:** 14" head diameter

**MATERIALS** **SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Available as Napa style (soft sound) or standard synthetic (sharp sounds)  
Instantly take on or off your MEINL VivaRhythm® Pop Off Bass Drum  
Reverse Dot below the head for deeper sounds  
Nylon-loop for easy removal  
Pre-tuned



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



10" x 18"

VR-BDPO10-SH



12" x 19 1/2"

VR-BDPO12-SH



14" x 23 1/2"

VR-BDPO14-SH

NEW

NEW



10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

VR-BDPOSET-SH



REVERSE-DOT FOR  
DEEPER SOUNDS



STACKABLE FOR  
EASY STORAGE AND  
TRANSPORTATION

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



10" x 18"

VR-BDPO10-NH



12" x 19 1/2"

VR-BDPO12-NH



14" x 23 1/2"

VR-BDPO14-NH

NEW

NEW



10" x 18"; 12" x 19 1/2"; 14" x 23 1/2"

VR-BDPOSET-NH

SETS INCLUDE THREE  
WOODEN BEATERS



BOOM & SOFT SOUND SERIES POP OFF BASS DRUMS

# STACK DRUM SETS

The MEINL VivaRhythm® Stack Drum Sets include two all-synthetic drums for the ultimate drum circle or jam session experience. The portability of these lightweight, synthetic drums makes them the ideal choice for anyone interested in rhythm. Indoors or outside, the BOOM SERIES pre-tuned synthetic heads create cutting sounds with plenty of projection, while the SOFT SOUND SERIES synthetic pre-tuned Napa heads create naturally soft and warmer sounds with deeper tones. High and low notes from the two sizes makes it easy to create rhythmic melody. Stackable for easy storage and transportation.

**SIZES** 9 1/2" head diameter, 17 1/4" height  
12" head diameter, 24" height

**MATERIALS** Synthetic shell  
**SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Synthetic shell is perfect for outdoor playing  
Stackable for easy storage and transportation  
Non-slip rubber bottom  
**SH:** Pre-tuned synthetic head for cutting sounds with sharp attack  
**NH:** Pre-tuned Napa head creates softer, warmer sound



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



9 1/2" x 17 1/4"; 12" x 24"

**VR-SDSET-SH**



**CAN BE TAKEN OFF THE DRUM  
INSTANTLY WITHOUT ANY TUNING**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



9 1/2" x 17 1/4"; 12" x 24"

**VR-SDSET-NH**



**STACKABLE FOR EASY STORAGE  
AND TRANSPORTATION**

BOOM & SOFT SOUND SERIES STACK DRUM SETS

# TIMBAS

The MEINL VivaRhythm® Timbas are designed based on the sounds of traditional Samba music. The drums are made of fiberglass and are perfect for every drum circle or jam session experience. Indoors or outside, the BOOM SERIES pre-tuned synthetic head creates cutting tones with plenty of projection, while the SOFT SOUND SERIES pre-tuned synthetic Napa head creates naturally soft and warmer sounds with deeper tones. The contoured synthetic shells provide a rich sound and are equipped with a non-slip rubber bottom.

**SIZE** 12" head diameter, 28" height

**MATERIALS** Fiberglass shell  
**SH:** Synthetic head  
**NH:** Napa head

**FEATURES** Fiberglass shell is perfect for outdoor playing  
Based on the sounds of traditional Samba music  
Non-slip rubber bottom  
**SH:** Pre-tuned synthetic head for cutting sounds with sharp attack  
**NH:** Pre-tuned Napa head creates softer, warmer sound



## BOOM SERIES

CUTTING SOUNDS WITH SHARP ATTACK



12" x 28"

**VR-T12-SH**

## SOFT SOUND SERIES

SOFTER SOUNDS WITH GREAT LOW END TONES



12" x 28"

**VR-T12-NH**

BOOM & SOFT SOUND SERIES TIMBAS

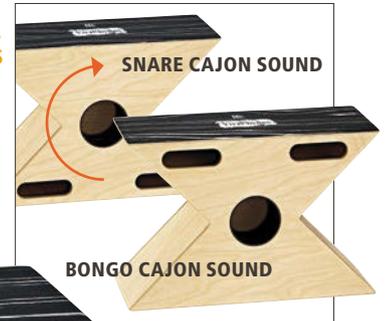
# X-CAJON

The MEINL VivaRhythm® X-Cajon takes a unique twist on the traditional cajon. Playable from the lap, the X-Cajon features two playing zones located on either side, one with snares and the other without. Internal snares and forward facing sound ports deliver traditional cajon sounds with a compact size that's comfortable to play from a seated position. Fun to play for anyone interested in rhythm. Perfect to take to jam sessions or drum circles.

- 
- A person is shown from the chest up, holding a black and white striped X-Cajon. The cajon has a distinctive 'X' shape on its top surface. The person's hands are positioned to play the instrument. The background is dark and out of focus.
- SIZE** 14 1/2" W x 10" H x 5 3/4" D
- MATERIALS** Resonating body: Baltic Birch (*Betula pendula*)  
Playing surfaces: Striped Onyx
- FEATURES** Comfortable and unique X-design  
Forward sound projection  
Internal snare wires for a snare cajon sound on one side  
Bongo cajon sound on the opposite side



**CONTRASTING  
PLAYING SURFACES  
ON OPPOSITE SIDES**



**COMFORTABLE TO PLAY  
FROM A SEATED  
POSITION**



**VR-XCAJ-S0**

**INVENTOR: MICHAEL BUCHNER**

**X-CAJON**

# SNARE & TRI TONE CAJON

## SNARE CAJON

The MEINL VivaRhythm® Snare Cajon is equipped with two fixed snare systems that add a crisp "sizzle" effect to your slap tones. The all birch wood construction contributes to the resonance of the slap tones. Play towards the center of the cajon for a deep and rich bass note. This cajon is easy to play and carry. Perfect for the first time player to the professional. Just sit down and have fun. The bottom of the cajon is equipped with no slip rubber feet.

**SIZE** 11 3/4" W x 17 3/4" H x 12" D

**MATERIALS** Resonating body: Baltic Birch (*Betula pendula*)  
Frontplate: Striped Onyx

**FEATURES** Two internal snare wires  
Birch construction  
Four rubber feet  
Wide sound options

## TRI TONE CAJON

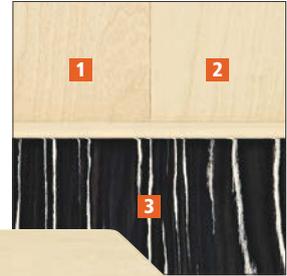
Snare cajon sounds, along with bongo cajon and traditional Peruvian style cajon, are all represented in the MEINL VivaRhythm® Tri Tone Cajon. Each playing surface is defined by a different sound option to give players the ultimate cajon experience. A multitude of rhythms and styles are possible by being able to switch seamlessly between surfaces as you play.

**SIZE** 11 3/4" W x 19 1/2" H x 13" D

**MATERIALS** Resonating body: Baltic Birch (*Betula pendula*)  
Playing surfaces: Striped Onyx

**FEATURES** 3 different cajon sound options all in one unit:  
Bongo cajon (1)  
Snare cajon (2)  
Peruvian style cajon (3)  
Two internal snare wires for the snare section

3 DIFFERENT  
SOUND OPTIONS



INVENTOR: JOSÉ J. CORTIJO



Snare Cajon  
**VR-CAJ-SO**



Tri Tone Cajon  
**VR-TRICAJ-SO**

SNARE & TRI TONE CAJON

# CAIXON & CAIXONET

The caiXoN and caiXoNet from MEINL VivaRhythm® bring the playing surface of a cajon up closer towards seated players to achieve a comfortable, upright playing position. The traditional sounds of a snare cajon are represented in both models, the caiXoN brings out a deep bass and the caiXoNet produces higher tones. Perfect for players that wish to remain seated upright. The set is stackable for easy storage and transportation.

**SIZES** **VR-CAIX:** 11 1/2" W x 26 1/4" H x 12" D  
**VR-CAIXN:** 10 1/2" W x 26 1/4" H x 9 1/2" D

**MATERIALS** Resonating body: Baltic Birch (*Betula pendula*)  
Playing surface: Striped Onyx

**FEATURES** Internal snare wires for cutting snare slaps  
Perfect for seated players  
Forward facing sound port  
**VR-CAIX:** Deep bass tones  
**VR-CAIXN:** Higher tones  
**VR-CAIX/CAIXN:**  
Includes large caiXoN and smaller caiXoNet  
Stackable for easy storage and transportation





caiXoN  
**VR-CAIX**



**DEEP BASS TONES**

**FORWARD FACING  
SOUND PORT**



caiXoNet  
**VR-CAIXN**



**PERFECT  
FOR SEATED PLAYERS**

**HIGHER TONES**



caiXoN & caiXoNet Set  
**VR-CAIX/CAIXN**

**STACKABLE FOR EASY STORAGE  
AND TRANSPORTATION**



**INVENTOR: JOSÉ J. CORTIJO**

**CAIXON & CAIXONET**

# CAJON2GO

The MEINL VivaRhythm® Cajon2Go is the ultimate grab-and-go instrument! Made entirely of cardboard, this instrument pops up from a single flat piece into a full size cajon in four easy steps. The structure is stable and can comfortably hold children or adult players. Inside is a fixed set of snare wires to provide a crisp snare drum sound. The cardboard material provides naturally deep bass, making the Cajon2Go a great, inexpensive alternative to the traditional wood style cajon construction.

**SIZE** 13,5" W x 18" H x 12,5" D

**MATERIAL** Cardboard

**FEATURES** Folds from a single flat piece into a full size cajon  
Internal fixed set of snare wires  
Comfortably holds up to 150 kg / 330 lbs  
Naturally deep bass and crisp snare sounds





**THIS INSTRUMENT POPS UP FROM A SINGLE FLAT PIECE INTO A FULL SIZE CAJON IN FOUR EASY STEPS**



**VR-CAJ2GO**

**CAJON2GO**

# HAND PERCUSSION



## WOOD TAMBOURINE

The Wood Tambourine from MEINL VivaRhythm® is the perfect choice for ultra-bright, shimmering jingle accents that respond beautifully at any volume level. The sturdy wooden frame delivers a natural, warm attack followed by the sensitive, high pitched sounds of the steel jingles. The frame features a colourful red/orange marble finish and an ergonomic grip.

**SIZE** 10" diameter

**MATERIALS** Black plated steel jingles  
Siam Oak (*Hevea brasiliensis* Muell.-Arg.)

**FEATURES** Steel jingles create bright, high pitched sounds  
Double row  
Sturdy wooden frame in colourful finish  
Ergonomic grip

**FINISH** Red/orange marble

**BRIGHT, HIGH  
PITCHED SOUNDS**



**VR-TA2-ROM**

## ABS PLASTIC TAMBOURINE

The MEINL VivaRhythm® 8" ABS plastic tambourine features a compact size, extra wide grip, and durable ABS plastic frame. This tambourine is especially useful outdoors in a drum circle. Equipped with black powder coated stainless steel jingles in a 1 row version that projects a bright, cutting sound.

**SIZE** 8" diameter

**MATERIALS** Black plated steel jingles  
ABS plastic

**FEATURES** Steel jingles create bright, high pitch sounds  
Single row  
Sturdy ABS plastic frame in a colorful finish  
Extra wide grip

**FINISH** Red/orange

**VR-ABS1**



HAND PERCUSSION

## CRYSTAL SHAKER

The acrylic glass body makes the MEINL VivaRhythm® Crystal Shaker completely see through. This shaker provides players with a medium pitch sound that will help shape any groove with clarity and feel. Very useful for drum circle situations.

**SIZE** 8 1/4" long

**MATERIALS** Plastic  
Acrylic glass

**FEATURES** Shapes any groove with clarity and feel  
Transparent body allows to follow the movement of the filling as an learning effect  
Perfect for live playing

**COLOUR** Red/Orange



**VR-CSH**

## EGG SHAKER PAIR

The MEINL VivaRhythm® Egg Shakers have a clear and crisp tone and are perfect for serving the needs of beginners.

**MATERIAL** Plastic

**FEATURES** Precise, cutting sound  
Comes in a set of two

**COLOUR** Red/Orange



**VR-ES2**

## HAND COWBELL

Made from steel with a red powder coated finish, the MEINL VivaRhythm® Hand Cowbell produces a firm, muffled response with rich tonality. The beater is designed specifically for you to get the best sound possible from your cowbell. The ribbed grip makes for easy handling, and plastic allows your cowbell to achieve its fullest tone.

- SIZE** 8" long
- MATERIALS** Powder coated steel  
ABS Plastic
- FEATURES** Muffled, firm sound  
Handheld  
Rich tones
- INCLUDES** Cowbell beater with ribbed grip
- COLOUR** Red



VR-HCB-R

HAND PERCUSSION

# BAGS

The MEINL VivaRhythm® Bags protect your instrument and provide hassle free transportation. The bags feature a carrying handle with reinforced stitching, adjustable straps, and a durable zipper which ensure that your drum remains like new during transportation. Store your instrument inside the bag to protect against dirt, dust, and moisture.



## DJEMBE BAGS

**SIZES** **VR-DJB-9:** 11 1/2" W x 17 1/4" H x 11 1/2" D  
**VR-DJB-10:** 11 3/4" W x 19 3/4" H x 11 3/4" D  
**VR-DJB-12:** 13 3/4" W x 24 1/2" H x 13 3/4" D  
**VR-DJB-14:** 15 3/4" W x 27 1/2" H x 15 3/4" D

**MATERIAL** Heavy duty padded nylon

**FEATURES** Carrying handle with reinforced nylon stitching  
Adjustable backpack straps  
Durable zipper  
**VR-DJB-9:** Holds 8" & 9" diameter djembes  
**VR-DJB-10:** Holds 10" diameter djembes  
**VR-DJB-12:** Holds 12" diameter djembes  
**VR-DJB-14:** Holds 14" diameter djembes

**COLOUR** Black

ADJUSTABLE  
BACKPACK STRAPS



VR-DJB-9

VR-DJB-10

VR-DJB-12

VR-DJB-14

BAGS

## CONGA SET BAG

- SIZE** 13" W x 26" H x 13" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced stitching  
Adjustable backpack straps  
Carry all three sizes of MEINL VivaRhythm® Congas  
Durable zipper
- COLOUR** Black

CARRY ALL THREE SIZES  
OF MEINL VIVARHYTHM®  
CONGAS



VR-CSETB

## BASS DRUM SET BAG

- SIZE** 16 1/4" W x 25 1/4" H x 16 1/4" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced stitching  
Adjustable backpack straps  
Carry all three sizes of MEINL VivaRhythm® Bass Drums  
Durable zipper
- COLOUR** Black

CARRY ALL THREE SIZES  
OF MEINL VIVARHYTHM®  
BASS DRUMS



VR-BDSETB

## STACK DRUM SET BAG

- SIZE** 13 1/2" W x 24 1/2" H x 13 1/2" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced stitching  
Adjustable backpack straps  
Carry both sizes of MEINL VivaRhythm® Stack Drum Set  
Durable zipper
- COLOUR** Black

CARRY BOTH SIZES OF  
MEINL VIVARHYTHM®  
STACK DRUM SET



VR-SDSETB

## TIMBA BAG

- SIZE** 13 1/2" W x 29" H x 13 1/2" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced stitching  
Adjustable backpack straps  
Durable zipper
- COLOUR** Black

ADJUSTABLE  
BACKPACK STRAPS



VR-TB

BAGS

## X-CAJON BAG

- SIZE** 18 1/4" W x 13 1/2" H x 8" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced nylon stitching  
Adjustable shoulder strap  
Durable zipper
- COLOUR** Black

ADJUSTABLE  
SHOULDER STRAP



VR-XCAJB

## CAJON BAG

- SIZE** 20 1/2" W x 13 1/2" H x 12" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced nylon stitching  
Durable zipper  
Fits most common cajon sizes
- COLOUR** Black

FITS MOST COMMON  
CAJON SIZES



VR-CAJB

## TRI TONE CAJON BAG

- SIZE** 21" W x 13" H x 13 1/2" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced nylon stitching  
Adjustable shoulder strap  
Durable zipper
- COLOUR** Black

ADJUSTABLE  
SHOULDER STRAP



VR-TRICAJB

## CAIXON & CAIXONET BAG

- SIZE** 31" W x 12 1/2" H x 13 1/2" D
- MATERIAL** Heavy duty padded nylon
- FEATURES** Carrying handle with reinforced nylon stitching  
Adjustable shoulder strap  
Fits caXioN and caiXoNet stacked or individual  
Durable zipper
- COLOUR** Black

FITS CAIXON AND  
CAIXONET STACKED  
OR INDIVIDUAL



VR-CAIXB

BAGS



kultúrni-sportovna

**RHYTHM IS**



# A WAY OF LIFE



For more details on the different kinds of drum circles, events, workshops or hands-on activities, go to

[meinlvivarhythm.com/facilitators](http://meinlvivarhythm.com/facilitators)



**John Boone**  
New Zealand



**Ben Bowtell**  
Australia



**Ken Crampton**  
USA



**Brandon Draper**  
USA



**Dave Holland**  
USA



**Jeff Holland**  
USA



**Knuth Jerxen**  
Germany



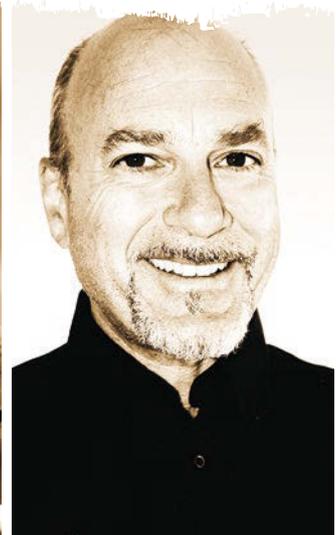
**K. Solomon Masala**  
USA



**Alessandra Massari**  
Italy



**Ricarda Raabe**  
Germany



**Bill Saragosa**  
Germany



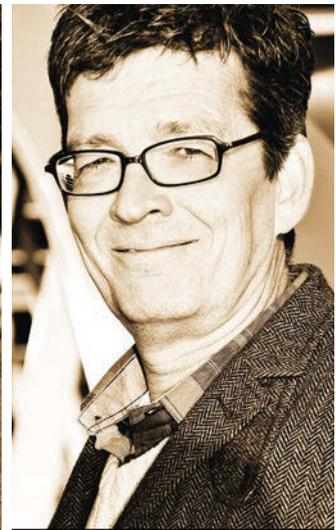
**Tokhi**  
Czech Republic



**Heiko Tuch**  
Germany



**Varun Venkit**  
India



**Jens Zygar**  
Germany

# John Boone

New Zealand



Born in the Netherlands, **John Boone** was 5 when he fell in love with drumming, his daily routine was taking out all the pots and pans and giving them a good beating with the biggest wooden spoons he could find. At the age of 12, his family decided to immigrate to the other side of the world and they settled in a small town called Katikati on the East Coast of New Zealand.

John attended 'Katikati College' where music, drama and sport played a big part of everyday school life unlike the schools he attended in Holland. Realizing this was a privilege John auditioned for drama groups, music events and sport teams and at the age of 13 got his first drumkit lessons. By the time he was 15 he had joined most of the school bands and drama performances.

In 1989 John moved to Christchurch to study at the 'University of Canterbury', his studies were funded by playing in cover bands which played in local bars during the weekend. It was during this time that his passion for music grew even stronger.



Rhythm  
Interactive

Inspire Educate Entertain





After graduating with a Bachelor of Science and working 2 years as a lab technician, John decided that it was time to see other parts of the world and to reconnect with his home country. It was on this trip that John visited Africa where he fell in love with the energy of African rhythms and the concept of group drumming.

In 2000 John returned to New Zealand with an exciting idea to set up an interactive percussion business targeting the corporate events industry. 'Rhythm Interactive' was born in 2003 a performance that resulted from his experience with both music and drama.

In 2010 the performance won the category of 'Best nationwide corporate entertainment' through the people's choice awards (Corporate events guide), and in 2015 John was invited to present at 'TEDx Auckland', where he performed to 2500 people (2500 drums) and he spoke about the art of creating collective flow.

John's journey has taken him to various parts of the globe, sharing with fantastic musicians and connecting thousands of people through rhythm from all backgrounds and ages. His performance is not bound by language as no words are spoken throughout his performance as part of the theme 'Actions speak louder than words' John's passion for music and connecting people through it is what drives his performances, his dream is to connect the world through rhythm, break down barriers and heal the planet through making music together.

More details: [www.rhythminteractive.com](http://www.rhythminteractive.com)

# Ben Bowtell

Australia



**Ben Bowtell** experienced his first community drumming performance at the age of 9 in Sydney. At 18, Ben lead Australia's largest community group, 'Wasamba!!' to Sicily, Croatia and the 'Edinburgh Fringe Festival'. 'Wasamba' has toured to Sydney, Melbourne, Adelaide, Canberra, Broome and most recently New Zealand. Having studied a variety of instruments, Ben's brother was his most influential teacher in percussion and they continue to collaborate as they lead the two troops of 'Wasamba'. Ben has lead a huge variety of workshops for all ages (4 to 84) and abilities. His simple philosophy is "inclusion". Everyone can drum and everyone should be part of a community. Drum circles not only share the joy of music, but the embracement of collaboration.





**WASAMBA !!** What do you get when you combine 'LOUD Rio-Style percussion', a panoply of rainbow-hued circus samba costumes and the collective joy of many impassioned community members? The performance phenomenon that is Wasamba!!

'Wasamba' is a community driven drumming group based in the port city of Fremantle, Western Australia that began early in 2003. In 2015, 'Wasamba' expanded our show by starting our secondary group in Broome. It is a favourite of West Australian event organisers because of its unique melange of drumming, dancing, theatre, circus and 'portable party'.

More details: [www.wasamba.com.au](http://www.wasamba.com.au)

# Ken Crampton

USA

**Ken Crampton** is a Community Arts Facilitator and owner of 'Eyeclopes Studios/Everybody Drum'. In 1986, Ken bought his first drum and started holding drum circles immediately! Studying with teachers from around the world including Arthur Hull, Babatunde Olatunji, Mamady Keita, Keith Terry, Kalani, Essa Grayson, and Jaqui MacMillan, Ken brings the rhythms of many cultures to his work while teaching others the basic language of the drum spoken across the globe. He did a nationwide tour opening for Keller Williams and has performed with various other artists as well as solo. He is hired by schools (pre-K through college), libraries, banks, festivals, church retreats, adult care facilities, and corporations for workshops, ice-breakers or keynote presentations.





With his combined learning in the field coupled with studying with master facilitators, he has been learning the unique nuances of personal and self care through the arts! Well versed in facilitating circles for various populations of learners from young children to elders, Ken has a talent for being able to reach individuals with special needs including children with autism, emotional disturbance as well as elders with Alzheimer's. Through drumming, he helps patients connect and to communicate with each other in a positive way. He is a graduate of 'HealthRHYTHMS', 'Village Music Circles', and 'Drum Circle Music'. Drumming is a great equalizer where everyone regardless of age or ability has a place in the circle. Through this work, Everybody Drum offers icebreakers for corporate events, community drum circles and instruction, private lessons, and therapeutic experiences. Ken is also a staple of the east coast festival scene by performing annually at 'Spoutwood Fairie Festival', 'Baltimore Fairie Faire', 'Maryland Fairie Festival', 'FairieCon' and many more music and arts festivals. Drumming is coupled with various other showcases of Ken's artistic talents including sound flowers, flag garden, and a 50 foot dragon dance. Ken has been an active member of his communities, great and small, as a founder of 'First Night Fredericksburg', 'First Fridays in Fredericksburg', the 'Drum Circle Facilitators Guild'.

More details: [www.everybodydrum.com](http://www.everybodydrum.com)

# Brandon Draper

USA



**Brandon Draper** is a graduate of 'Smoky Valley High School' and 'Bethany College'. He has enjoyed a celebrated career as drummer, percussionist, producer, multi-instrumentalist and educator. In addition to freelancing and teaching, he currently performs as a solo artist, multi-instrumentalist. With the Turkish-Jazz group 'Alaturka', Draper recorded, co-mixed and performed on the 2013 release 'Yalniz' (4.5 Stars – Best albums of 2013 – Downbeat Magazine). Brandon plays guitar with his father (a renowned Hammond B3 organist) in 'The Draper Family Band' and he runs the acclaimed children's interactive music program 'Drum Safari' with his wife of 14 years Teryn.

Currently Draper is on music faculty at the 'University of Kansas' where he teaches jazz drums, world percussion, steel band and is the director of Music Enterprise certificate combining music business and entrepreneurship. Draper is also the head of percussion and world music studies at 'Johnson County Community College'. He holds a Bachelors degree in percussion performance from 'Bethany College', and a Masters of Music with distinction from the 'University of New Mexico'.





Draper has performed at many festivals, universities, concert halls, and conventions in the U.S. His extensive resume includes performances with both the 'New Mexico and Santa Fe Symphony Orchestras' and the 'Kansas City Symphony'. In contemporary and jazz settings, Draper has performed and/or recorded with Ottmar Liebert, DJ Logic, Donna Summer, Mose Allison, Steve Coleman, Dick Oatts, Mike Moreno, Bobby Watson, and Kevin Hays. He toured the U.S. with the live-tronica pioneers Particle and contributed work on a new album yet to be finished (2011-2014). In past years he performed in the critically acclaimed world premiere of the new hip-hop musical 'Venice' in Los Angeles Fall 2010, and premiered his original work 'Bass Darbukas' with 'Quixotic' and the 'Kansas City Symphony' in Spring of 2011. Draper was musical director and live drummer for Quixotic Fusion 2007-2012. He continues to write, consult and occasionally perform with the KC-based cirque group.

As an educator, Draper has taught at the 'University of New Mexico', 'University of Missouri-Kansas City', 'East Mountain High School', and multiple high schools throughout the Midwest and Southwest as a clinician and as world and marching percussion consultant. He has led master-classes at the 'Percussive Arts Society Day of Percussion' in Kansas, Nebraska, and New Mexico, and performed at the 'Percussive Arts Society International Convention'. He has also led workshops at 'Music Educators Association' conferences in New Mexico, Kansas, and Missouri.

More details: [www.drumsafari.org](http://www.drumsafari.org); [www.draperama.com](http://www.draperama.com)



# Dave Holland

USA





**Dave Holland** is a high energy world percussionist, teaching artist and drum circle facilitator. He has traveled the world to study rhythm and culture and then returned to his home in the U.S. to create rhythm based programs for kid, community and corporate settings. As owner of 'Beatin' Path Rhythm Events', Dave believes that interactive rhythm experiences have a unique power to create long lasting connections to one's community, history and culture. Dave has presented at the 'Percussive Arts Society's International Conference', the 'National Drum Circle Facilitator's Guild Conference', the 'National Music Educators' Conference', and many statewide music educator conferences across the U.S. He is the author of notable resources for rhythm based facilitators, including 'Drumagination', 'Interactive Rhythm' and 'Body Jammin'. He is also the creator of the online training course 'World Rhythm 101' and the live workshop 'Drum Circle Classroom'.

More details: [www.beatinpathrhythmevents.com](http://www.beatinpathrhythmevents.com)

# Jeff Holland

USA





**Jeff Holland** is a multi-ethnic percussion instructor who uses his travels and experiences to create 'Our Musical Journey Around the World' for the participants in his Teaching Artist Residencies and variety of other motivational programs. Through more than twenty years of presentation, these programs have proven to reduce stress in the body, improve focus in the mind, and create connections in each community. Music is the universal language, and rhythm is the most primitive element of music. Everything that makes up our bodies and constructs our world uses rhythm and pattern. Jeff realized the positive affects that rhythm had on his audiences, and then he developed Arts Integration with Academic Standards to make education deeper and more meaningful. Interactive participants are fully engaged one hundred percent, and this opens windows of communication for education, team and character building. He has traveled the world, and always brings back suitcases filled with new-found knowledge and experience.

The knowledge from his traditional teachers, the techniques of classical training and exponential team-building all come together to 'Motivate People With The Rhythms of Life.'

More details: [www.drum4work.com](http://www.drum4work.com)

# Knuth Jerxen

Germany

Shortly after **Knuth Jerxen** finished studying latin american percussion in Holland, he played concert tours with numerous bands (Andrea Berg, José Carreras, Paul Kuhn, etc.) at home and abroad. In addition to his compositions for theatre and dance companies, he has diverse lectureships, currently at the 'Hochschule für Musik und Tanz' in Cologne. Additional to performances with various artists and several percussion recordings in the own studio, he often travels with 'Beats And Noises' and does a lot of workshops, drum circles and hands-on activities.



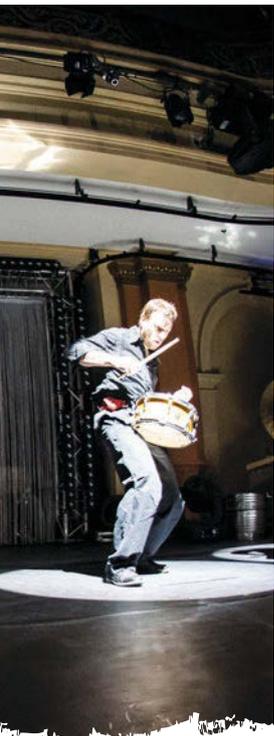


**Beats And Noises** is a special formation of percussionists, who usually play in very different and famous bands. United to play music with extraordinary drums, everyday objects and products of the industry. The group played at the opening of the 'Ruhfestspiele', the Red Dot Award, inaugurations of new factories, buildings or even malls (in Dubai, Bahrain and Frankfurt), numerous trade fairs, roadshows or events and festivals. As a drum formation they've been part of staging of theaters and events – even in the air as 'drummers in the air'. For other occasions they offer workshops, hands-on activities from the stage or do drum circles.

If you want to learn drumming, use the knowledge of longtime professional drummers and percussionists. The drum training can take place in your own environment or the premises of your company. The instruments like djembes, bongos, plastic buckets will be provided by 'Beats And Noises' and we also offer to conceive a customized workshop program for your employees. It is amazing how the drum training will have a positive effect on your body and soul. You will learn the drumming in a professional environment and additionally 'Beats And Noises' is equipped with a large set of different percussion instruments. We show you different basic techniques, improve your sense for rhythm, experience music and get to know your colleagues from a completely different perspective.

A lot of companies are interested in such teambuilding activities, to create curiosity, inspire creativity and increase motivation. Even private individuals or large groups like to join in at 'Beats And Noises' workshops.

More details: [www.beatsandnoises.de](http://www.beatsandnoises.de)

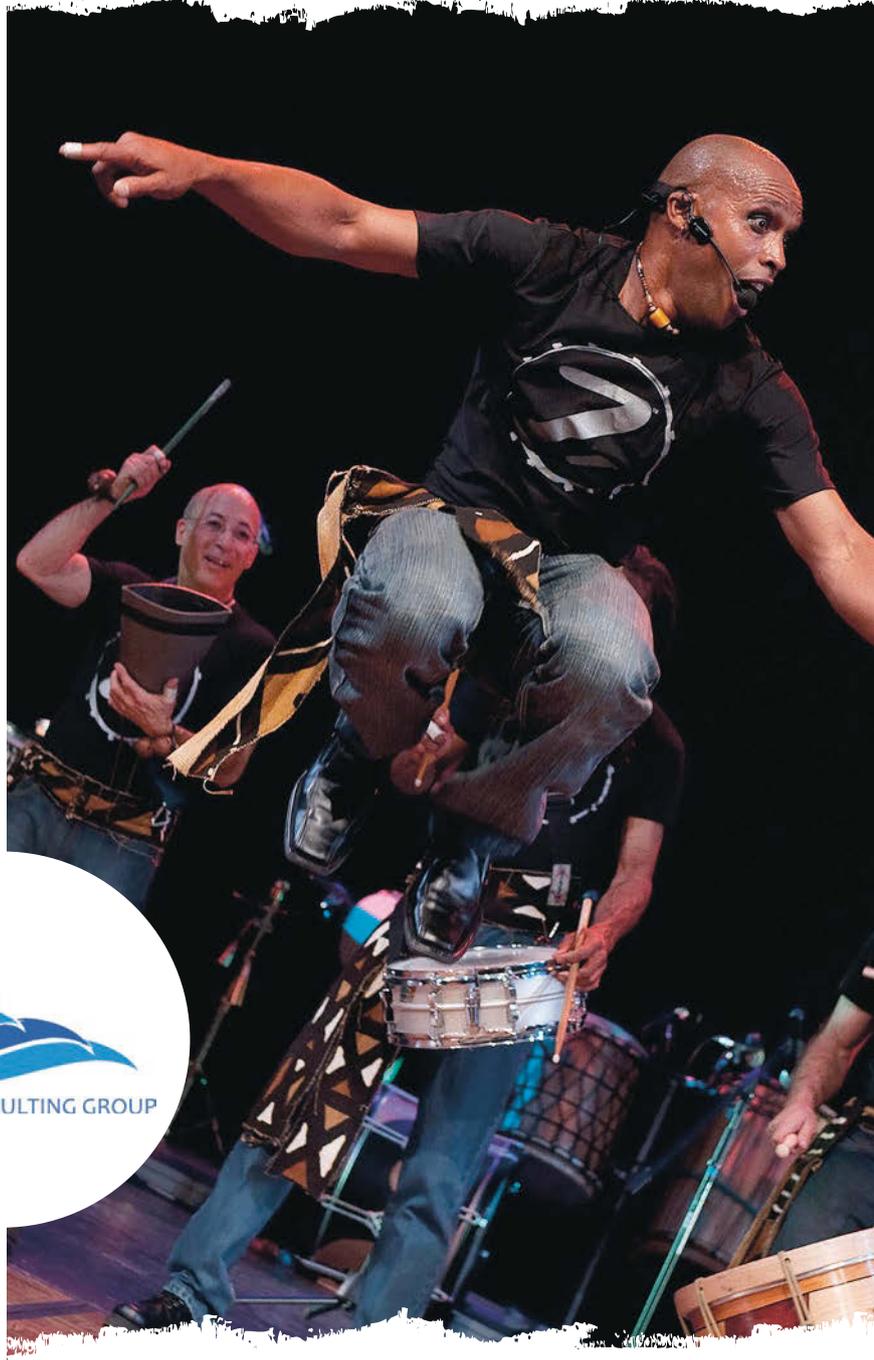


# K. Solomon Masala

USA



SOURCE CONSULTING GROUP





**K. Solomon Masala** is the creator of the 'Source Consulting Group'. Tapping into a rare magnetism, Solomon and his team deliver the antidote to team building. A captivating blend of experiential, innovative processes designed to get teams to do what they really want: knock it out of the park every time and have an excellent time doing it – for the long run.

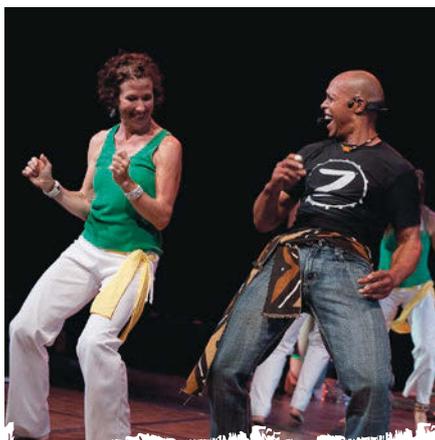
For 20 years he's developed and delivered powerful kinesthetics – meaning you get up out of your seat, you experience, you engage, and you 'do' what's being learned.

Solomon brings this into everything: interactive keynotes, organizational development processes, outdoor adventure experiences, and large scale percussion programs. And, he designs and develops multimedia curricula and interactive presentations on a national level.

It's instantly effective team development, ushering groups through the hard work of deepening and expanding excellence, and inspiring them to celebration.

He's produced and directed the powerful 'Interactive Theatrical Experience: Za Boom Ba!' He's the published author of two international classic rhythm education books, 'Rhythm Play!™' and '1, 2, Let's All Groove', and as recording artist, has released three albums. Solomon is also the designer and inventor of the 'Twister Drum', the world's only truly 'collapsible' and compactable djembe drum.

More details: [www.sourceconsultinggroup.com](http://www.sourceconsultinggroup.com)



# Alessandra Massari

Italy



**Alessandra Massari** has approached the world of percussion instruments since the age of 19, during a long tour in Togo, Western Africa, where she got fascinated by the central role of music in the local population's daily life: on that occasion, she is able to catch both the communicative aspect and the universal message of it. Back in Italy, she decides to take up studying percussions with the teacher Adolfo Valeri; then, she deepens her knowledge of Afro-Cuban music at the school 'Timba', having Roberto Evangelisti as teacher for four years. At the same school she collaborates with musicians of high level like Giancarlo Ciminelli, Juan Carlos Albelo Zamora, Valter Paiola, El Goyo. In the same years, she attends workshops of African percussions with Badu N'Diaye, of Eastern percussions with Mohamed Abdalla, Brazilian percussions with Nene Santos.

Besides the study of percussions, she takes part in musical events in Rome as solo musician and in ensemble with bands of the local music scene, some of which she contributes in founding. In her concert activity, she ranges from rock and pop to latin, blues, folk and soul, performing in several Italian locations, theatres, clubs and festivals, including the 'Festival della Canzone popolare e d'autore' (Festival of popular and singer-songwriters song) Musicultura. In 2003, she plays in a band composed by sixty African percussionists in the TV show 'Stasera pago io', conducted by Fiorello, and in 2010 she participates with a quartet band in the TV programme 'Ti lascio una canzone' conducted by Antonella Clerici.

The passion for percussions leads Alessandra to take on new paths, in order to deepen her knowledge in the relationship between man and sound. In 2005 she enrolls at the three years course of the 'Musicotherapy Training School' 'Oltre', in Rome, obtaining her degree in 2008. At the same time, she begins her studies in psychology at the Faculty of Medicine and Psychology of University 'La Sapienza', and graduates in 2013 in Psychological Techniques and Science, with a thesis entitled 'Musicotherapy in dementia'. In 2015 she becomes part of A.I.M. (Italian Association of Musicotherapy).



Since 2008, she has carried out her activity as musictherapist, referring to Rolando Omar Benezon's model of 'active musictherapy'. The main aspect of this model is relationship; the musical instruments, the sound, the movements and the silence, all lead the individual to undertake a path towards self-knowledge and self-development. Alessandra Massari operates both in individual and group contexts, and in different fields of intervention. In the prevention field, she works in several statal institutions, in projects aimed at integration at school and prevention against bullyism. As for therapy and rehabilitation, she operates in the field of different pathologies and diseases, among which autism, Asperger, Alzheimer, Down Syndrome, Rett syndrome, and psychomotor retardation.

In 2010 she attends Further Training Course in behavioural techniques for children with global autistic and development problems at 'Modena and Reggio Emilia' University. In 2017 she completes her training path as 'ABA-VB technician' (Applied and Behaviour Analysis) at the 'Walden Institute' in Rome, where she is currently collaborating. Since 2015 she has attended a training course in Facilitators in Drum Circles with Arthur Hull and VMC (USA), at 'Bottega delle Percussioni' in Palermo. Since several years, she has employed Drum Circle both as therapeutic and social and expressive means. At the moment, she is attending the Master Degree Course in Clinical Psychology at the 'Unicusano' University in Rome.

More details: [www.facebook.com/alessandramassari.artist](https://www.facebook.com/alessandramassari.artist)

# Ricarda Raabe

Germany



**Ricarda Raabe** has been facilitating drum circles and rhythm based events for teams, conferences, conventions, healthcare and other social facilities for 10 years. She is the main initiator of the large Community Drum Circle taking place on Tempelhofer Feld in Berlin, and organizes further education, in-house trainings and event days for diverse institutions around the topic 'Drum Circle' all around Germany. Ricarda is a Drum Circle Facilitator (VMC Graduate) and HealthRHYTHMS® Moderator (Health Rhythms Trained Facilitator) and has developed a special program for people with dementia.

Her motto: Rhythm connects – vitalizes – enchants





For me, drum circles represent an easy way and a great opportunity for everyone to explore the world of rhythm, and experience fun, energy and joy of life. It is a fantastic invitation to improvise on different drums and percussion instruments, in order to create a magnificent and pulsating musical experience together, as a group. From my heart and soul, I encourage people to join in and play music together – spontaneously, lustfully and open to the experience.

Everyone can participate, regardless of musical experience, age, sex, social or ethnic background: Everybody can take part in a drum circle. A drum circle enhances community, free from judgement and free from classifications of "right" or "wrong".

As facilitator I moderate, arrange and orchestrate a group of any number into a drum circle ensemble. In so doing, I serve the group and make suggestions, as well as lead through the drum event using clear communication, presence and unambiguous body language. I create a bond among participants and motivate them to work together, to respect each other, to listen to one another and to trust each other – while keeping my focus on the Big Picture: To connect people through rhythm!

I enable the group to directly and immediately experience rhythmic synchronization, with ease, humor, sensitivity, mindfulness and appreciation!

Pure Rhythm – We bring people together! For more joie de vivre!

More details: [www.lust-auf-trommeln.de](http://www.lust-auf-trommeln.de)

# Bill Saragosa

Germany





**The Call of Rhythm** I have been conducting Rhythm Circles for teams, for events, and for social institutions in the Munich area for over 13 years. I also teach Tai Chi Chuan, an internal martial art that I started practicing some 20 years ago. One thing that Tai Chi and Rhythm Facilitation have in common is they both require finely tuned perceptions, sensitivity, and body wisdom. They also both require a good measure of practice!

Every Drum Circle has a dynamic life of its own. Sometimes it can be a chaotic environment. As a Facilitator, I have to be ready to enter the chaos. I have to be aware of the overall group dynamic, and simultaneously the individual needs of each participant. It is a subtle art that is best served with a lot of heart and soul, and just the right nuances.

Everybody wants to feel a part of the success, to be vitally connected to the musical whole. Everybody deserves to feel a sense of belonging. That is where I need to bring them.

It's amazing how people respond when they sit down behind a drum and get to play in a group. For many people it could be their first time with a drum. They are receiving a kind of initiation. They start finding find a new sense of confidence and connectedness. Long held beliefs about limitations and expectations fall away. They feel liberated, empowered, and included.

The Call of Rhythm embraces the entire being: Body, Mind, and Spirit. That's what keeps this work fresh and exciting.

More details: [www.rhythmuskreise.de](http://www.rhythmuskreise.de)

# Tokhi

Czech Republic





**Tokhi** started his professional career as a percussionist and drummer being 18 years old. He played with many stars of both Czech and European music scene and travelled around the whole world with his music. He performed in most of the European countries, in USA, China or India. Also works as a facilitator and tutor for over 10 years. He studied the acknowledged schools and is developing his own system of facilitation. His teachers are from USA, Cuba, Germany, England, India and many other countries.

As no like a Meinl percussion endorser he leads the drumming events for hundreds of people each week, welcoming any kind of audience – adults, teenagers, CEOs of the multinational corporations on teambuilding events, or kids from primary schools. He holds the record in managing the highest number of people drumming – he led more than 1000 people to drum at once in the meeting of the Kofola company. This is exactly the thing he sees as his lifetime mission – to help people find, share and enjoy the music.

More details: [www.tokhi.cz](http://www.tokhi.cz)

# Heiko Tuch

Germany



**Heiko Tuch**, born in the political restraints of the GDR (East Germany), felt as a child how happy music made him.

After learning several instruments, he focussed during his music studies in Dresden on rhythm (drum set and percussion) and played in various jazz and rock bands .

Involved in music, he sensed the limitations of his homeland and decided to flee to the West. It was there through the 'Taketina®-rhythm-pedagogics' that he found inner freedom and his calling to teach. He began teaching and founded the first holistic rhythm-school for children in Germany: 'DIE TROMMELKINDER', inspired by the birth of his son Felix.

Today he works as artistic director, rhythm teacher and composer. With gratitude and joy, he inspires the healing and innermost energetic rhythm of children and grown-ups as well with his 'intuitive drum circles'.





**Die Trommelkinder** is a children's drum orchestra and mainstay of the 'Trommelkinder-Rhythm-School'. This live orchestra performs exclusively its own compositions and with its 250 concerts at home and abroad has developed into a genuine highlight. 'DIE TROMMELKINDER' perform entirely on their own: without music or a teacher. They present their songs confidently and encourage their audience to participate.

In the course of almost 30 years of teaching, Heiko Tuch has developed an innovative approach to teaching rhythm that allows, for the first time ever, the activation of the innermost potential of children.

To quote Heiko Tuch: "What every child simply wants is to blossom! He or she wants to express itself in a playful manner and thereby discover his or her potential. The path of 'DIE TROMMELKINDER' is a holistic path by learning rhythm to develop into an alert creative person. Viva Rhythm!!!"

More details: [www.trommelkinder.de](http://www.trommelkinder.de)

# Varun Venkit

India





**Varun Venkit** is a percussionist from Pune, India who has been playing the djembe for over 10 years and is an advanced level student of grandmaster Mamady Keita (president TTMDA). He was christened as 'TTM certified teacher' of the djembe by the grandmaster himself in Tulum, Mexico in 2014 and is the first Indian to be bestowed this honour. He is also a clinical psychologist, drum circle facilitator, master NLP practitioner and published researcher who works toward furthering the use of arts as a training, self-expression and healing mechanism. He founded 'Taal Inc.', an organisation that championed the arts and health revolution in India back in 2006. His aim and mission can be summarised by his motto, "Come. Drum. Be One."

More details: [www.taalinc.net/varun-venkit](http://www.taalinc.net/varun-venkit)

# Jens Zygar

Germany



**Jens Zygar** – born in Moers on the Lower Rhine as a cheerful Rhenish soul, grew up in the jungle of Liberia (West Africa) and finally ending in Hamburg, the gateway to the world – has loved and lived rhythm from the very beginning.

In 1984, the Klanghaus in Hamburg arose from a professional interest in the holistic aspects of sound and rhythmic effects. An independent, creative research institute, it was exclusively concerned with innovative and alternative vibration effects.

The focus at the time was on gongs and drums as the two complimentary sides of a newly emerging 'Klangmusik' (soundscapes and ambient music). Today, more than 30 years later, it has made a name for itself as an alternative music genre and is played by many people all over the world.

Jens Zygar is a globally active musician, seminar leader, impulse generator and trainer in integral sound work dealing with the content of audionics, the science of sound.





The **Trommelpower** brand was coined in the mid 1990s by Jens Zygar, Hamburg gong musician and vibration researcher and refers to an intuitive, interactive style of drumming "from the gut".

'Trommelpower' is principally aimed at those people who believe that, for whatever reason, they are unmusical and have no rhythm and are therefore unable to play an instrument. Contact with the instrument, the sound and the rhythm is established by means of awareness exercises. This makes it possible for everybody to learn the basics of beautiful drumming within the space of a few minutes – and many years of experience can confirm this! 'Trommelpower' is an effective teaching method that gives every participant a beautiful, mutual and intuitive rhythmic experience, regardless of the individual level of expertise. In fact, absolute beginners can sit next to professionals in 'Trommelpower' and both can play and experience a mutual and satisfying rhythm. 'Trommelpower' is therefore a key discipline and technique in the integral sound work developed by Jens Zygar using a modern, holistic approach that transcends cultures, genres and traditions with vibrations and rhythms.

An advanced component of 'Trommelpower' is in synchronising playing speeds with the rhythm of nature, reflecting the rhythm the planets and the moon play as the greatest metronomes of human life. All vibrations are thus able to unite to create a great harmonious sound with very different aspects and qualities – and even if we sometimes focus our attention on the one or other rhythmic quality, ultimately everything is a great, powerful pulsating entity.

More details: [www.jenszygar.com](http://www.jenszygar.com)

# MEINL BRANDS



MUSICAL INSTRUMENTS DESIGNED SPECIFICALLY FOR CHILDREN





PROFESSIONAL PERCUSSION  
INSTRUMENTS



[meinlpercussion.com](http://meinlpercussion.com)

# ONLINE



[facebook.com/meinlvarrhythm](https://facebook.com/meinlvarrhythm)



[instagram.com/meinlvarrhythm](https://instagram.com/meinlvarrhythm)



[meinlvarrhythm.com](https://meinlvarrhythm.com)

# IMPRINT

## **ADVERTISING CONCEPT & DESIGN BY**

Marcus Schickert  
[www.ercasdieagentur.de](http://www.ercasdieagentur.de)

## **CONTENT & DIRECTION BY**

Udo Heubeck, Jonathan Grade

## **PHOTOGRAPHY BY**

Sebastian Jäger, Christian Habermeier  
[studio-waldeck.de](http://studio-waldeck.de)

Miroslav Šmikmátor  
[smikmatorphoto.com](http://smikmatorphoto.com)

Quentin Brandt (P. 08, 10/11, 14, 18, 30, 64)

Jörg Farys  
Die Projektoren (P. 64/65)

André Kirsch (P. 70/71)

## **LITHOGRAPHY BY**

Sven Mihm  
[www.mihm-werbung.de](http://www.mihm-werbung.de)

## **GLOBAL HEADQUARTERS**

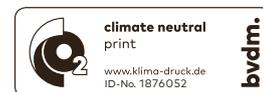
MEINL VivaRhythm®  
Roland Meinel-Musikinstrumente GmbH & Co. KG  
Musik-Meinel-Straße 1  
91468 Gutenstetten  
Germany

## **US HEADQUARTERS**

MEINL USA L.C.  
3427 Ambrose Avenue  
Nashville, TN 37207  
USA

This catalogue has been printed on  
climate neutral paper.

Printed in Germany VR-CA051218





VIVARHYTHM

VivaRhythm®

COMMUNITY



[meinlvivarhythm.com](http://meinlvivarhythm.com)

VR-CAT19-EN